

TAMPINES
WhatsApp
8696 6829

LOCATIONS: • Great World 6235 4070
• Punggol 6787 1178 • Tampines 6789 7061
• Jurong 6465 9205

PARENT ASSISTED DEVELOPMENTAL PROGRAM SCHEDULE

YOUNG WADDLERS 7 mths – 11 mths	MON	3.30 - 4.30pm
	SAT	2.30 - 3.30pm
	SUN	2.30 - 3.30pm*
WADDLERS 12 mths – 18 mths	MON	4.30 - 5.30pm*
	TUES	10.30 - 11.30am
	WED	2.30 – 3.30pm
	THURS	5.00 - 6.00pm*
	FRI	3.30 - 4.30pm
	SAT	9.00 - 10.00am • 4.30 – 5.30pm
	SUN	9.00 - 10.00am • 10.15 – 11.15am
GYMSTERS 19 mths – 3 yrs	WED	3.45 – 4.45pm
	THURS	10.30 - 11.30am*
	FRI	4.30 - 5.30pm
	SAT	10.15 – 11.15am • 11.15 - 12.15pm • 5.30 - 6.30pm
	SUN	11.15 – 12.15pm • 12.15 - 1.15pm • 4.30 – 5.30pm

INDEPENDENT DEVELOPMENTAL PROGRAM SCHEDULE

TERRIFIC TOTS 3 yrs – 4 yrs	WED	5.00 – 6.00pm
	SAT	12.15 – 1.15pm • 3.30 – 4.30pm
MIGHTY MITES/ WHIZ 5 yrs – 8 yrs	SUN	3.30 – 4.30pm

FOR MEMBERS ONLY (ADULT ASSISTED GYM TIME SCHEDULE)

OPEN GYM All ages	MON	2.30 – 3.15pm
	THURS	3.30 – 4.15pm
	SAT	1.15 - 2.00pm

PLAYGROUP PROGRAM

PLAYGROUP 19 mths – 3.5 yrs	MON, WED	9.30am - 12.30pm • 2.30 - 5.30pm*
	TUES, THURS, FRI	9.30am - 12.30pm

MY GYM PARTIES SCHEDULE

MY GYM PARTY 1 mth - 12 yrs	SAT	6.45 – 8.15pm
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SCHOOL FIELDTRIP SCHEDULE

FIELDTRIP	TUES, WED, THURS	11.00 - 12.30pm
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updated version 25 Aug 2025