

TAMPINES
6789 7061
(WhatsApp:
8248 7702)

Nurturing essential mental, physical, emotional, and social development skills in children

1st mile development is our expertise

Website: www.mygym.com.sg | Facebook: www.facebook.com/ilovemygym | Instagram: @mygymsingapore



bright & early

	MON	TUES	WED	THURS	FRI	SAT	SUN
PARENT ASSISTED DEVELOPMENTAL PROGRAM							
YOUNG WADDLERS 8 mths – 13 mths		9.00 – 10.00am				9.15 – 10.15am 2pm - 3pm	9.00 - 10.00am
WADDLERS 12 mths – 18 mths			2.30 – 3.30pm			4.30 – 5.30pm	10.00 – 11.00am 2.15 - 3.15pm
GYMSTERS 19 mths – 3 yrs			3.45 – 4.45pm	9.00 – 10.00am		10.30 – 11.30am	11.15 – 12.15pm 4.45 – 5.45pm
INDEPENDENT DEVELOPMENTAL PROGRAM							
TERRIFIC TOTS 3 yrs – 4 yrs			5.00 – 6.00pm			12.00 – 1.00pm 3.15 – 4.15pm	
TOTS/ MITES 4 yrs – 5 yrs							3.30 – 4.30pm
MITES/ WHIZ 5 yrs – 8 yrs							12.30– 1.30pm
FOR MEMBERS ONLY: Adult Assisted Gym Time							
PRACTICE & PLAY All ages	2.30 – 3.15pm			4.15-5.00pm			
PRESCHOOL_PREP PROGRAM							
PLAYGROUP 19 mths – 3.5 yrs	*9.00 - 12pm 10.00-1.00pm	10.00-1.00pm	*9.00 - 12pm 10.00-1.00pm	10.00-1.00pm	*9.00 - 12pm 10.00-1.00pm		
CREATIVE BUDDIES 3 yrs – 4.5 yrs							
MY GYM PARTIES							
For Kids aged 1 mth - 12 yrs							
WORLD ART PROGRAM							
TWOOSY DOODLERS 20 mths – 3 yrs							
MINI DOODLERS 3 yrs – 5 yrs							
DOODLERS 6 yrs – 12 yrs							

Start them off bright & early
 A space where every child can explore their full potential at a young age, and have a ton of fun doing it!

The right place at the right time
 Originating from Los Angeles, USA, our award-winning programs, extensively trained staff, excellent student/teacher ratio, and state-of-the-art facilities have earned My Gym the reputation as the best early learning program of its kind.

Our programs and activities are designed to stimulate your kid's mind and body, and aid in building their physical, cognitive, and social skills - giving them a sound platform for their future, and instilling in them an "I can do it!" attitude.

LOCATION: Great World: 6235 4070 | Jurong East: 6465 9205 | Marine Parade 6440 9916 | Punggol: 6787 1178 | Tampines: 6789 7061