

**MARINE  
PARADE**  
WhatsApp  
6440 9916

**Nurturing essential mental, physical, emotional, and social development skills in children**

1st mile development is our expertise

Website: [www.mygym.com.sg](http://www.mygym.com.sg) | Facebook: [www.facebook.com/ilovemygym](https://www.facebook.com/ilovemygym) | Instagram: @mygymsingapore



**bright & early**

	MON	TUES	WED	THURS	FRI	SAT	SUN
<b>PARENT ASSISTED DEVELOPMENTAL PROGRAM</b>							
Little Bundles 3 mths - 7 mths			2.00- 2.45pm				
YOUNG WADDLERS 8 mths – 13 mths			10.30 -11.30am 4.30 - 5.30pm#		11.45 - 12.45pm	3.15 - 4.15pm	1.30 - 2.30pm
WADDLERS 12 mths – 18 mths			10.30 - 11.30am 3.15 - 4.15pm		9.15 - 10.15am 3.45 - 4.45pm	10.15 - 11.15am	9.00 - 10.00am
GYMSTERS 19 mths – 3 yrs			9.15 - 10.15am		10.30 - 11.30am 5.00 - 6.00pm	9.00 - 10.00 11.30 - 12.30pm 4.30 - 5.30pm	10.15 - 11.15am
<b>INDEPENDENT DEVELOPMENTAL PROGRAM</b>							
TERRIFIC TOTS 3 yrs – 4 yrs							11.30 - 12.30pm
MITES/ WHIZ 5 yrs – 8 yrs						1.30 - 2.30pm	3.00 - 4.00pm
SPECIAL NEEDS 3 yrs – 8 yrs							
<b>FOR MEMBERS ONLY: Adult Assisted Gym Time</b>							
PRACTICE & PLAY All ages			5.30 - 6.15pm		2.15 - 3.00pm		
<b>PRESCHOOL_PREP PROGRAM</b>							
PLAYGROUP 19 mths – 3.5 yrs		9.30am - 12.30pm		9.30am - 12.30pm			
CREATIVE BUDDIES 3 yrs – 4.5 yrs							
<b>MY GYM PARTIES</b>							
For Kids aged 1 mth - 12 yrs						6.00 - 7.00pm	3.00 - 4.00pm

Start them off bright & early  
A space where every child can explore their full potential at a young age, and have a ton of fun doing it!

The right place at the right time  
Originating from Los Angeles, USA, our award-winning programs, extensively trained staff, excellent student/teacher ratio, and state-of-the-art facilities have earned My Gym the reputation as the best early learning program of its kind.

Our programs and activities are designed to stimulate your kid's mind and body, and aid in building their physical, cognitive, and social skills - giving them a sound platform for their future, and instilling in them an "I can do it!" attitude.

**LOCATION:** Great World: 6235 4070 | Jurong East: 6465 9205 | Marine Parade 6440 9916 | Punggol: 6787 1178 | Tampines: 6789 7061