

**JURONG  
EAST  
6465 9205  
98452377  
(Whatsapp)**

**Nurturing essential mental, physical, emotional, and social development skills in children**

1st mile development is our expertise

Website: [www.mygym.com.sg](http://www.mygym.com.sg) | Facebook: [www.facebook.com/ilovemygym](https://www.facebook.com/ilovemygym) | Instagram: @mygymsingapore



**bright & early**

	MON	TUES	WED	THURS	FRI	SAT	SUN
<b>PARENT ASSISTED DEVELOPMENTAL PROGRAM</b>							
LITTLE BUNDLES 3 mths – 7 mths							
YOUNG WADDLERS 8 mths – 13 mths			9.15 - 10:15am		3.00 - 4.00pm	6.00 - 7.00pm	
WADDLERS 12 mths – 18 mths	9.15 - 10.15am			9.15 - 10.15am 2.30 - 3.30pm	4.30 - 5.30pm	3.15 - 4.15pm	9.15 - 10.15am 2.00 - 3.00pm
GYMSTERS 19 mths – 3 yrs				6.00 - 7.00pm	9.15 - 10.15am	9.15 - 10.15am 10.45 - 11.45am	10.45 - 11.45am 3.30 - 4.30pm 5.00 - 6.00pm
<b>INDEPENDENT DEVELOPMENTAL PROGRAM</b>							
TERRIFIC TOTS 3 yrs – 4 yrs				4.30 - 5.30pm		12.15 - 1.15pm 2.00 - 3.00pm 4.30 - 5.30pm	
MITES/ WHIZ 5 yrs – 8 yrs					6.00 - 7.00pm		12.15 - 1.15pm
SPECIAL NEEDS 3 yrs – 8 yrs							
<b>FOR MEMBERS ONLY: Adult Assisted Gym Time</b>							
PRACTICE & PLAY All ages	1.15 - 2.00pm				2.00 - 2.45pm		
<b>EXPERIENTIAL CLASS</b>							
EXPERIENTIAL 8 mths - 2 yrs		9.15 - 10.15am			6.00 - 7.00pm		
<b>PRESCHOOL PREP PROGRAM</b>							
PLAYGROUP 19 mths – 3.5 yrs	10.00 - 1.00pm 2:30 - 5:30pm	10.00 - 1.00pm	10.00 - 1.00pm 2:30 - 5:30pm	10.00 - 1.00pm	10.00 - 1.00pm		
CREATIVE BUDDIES 3 yrs – 4.5 yrs							
<b>MY GYM PARTIES</b>							
For Kids aged 1 mth - 12 yrs							
<b>WORLD ART PROGRAM</b>							
World Art 1 (Parent Participation) 20 mth - 3.5 yrs							
World Art 2 (Independent) 3.5 - 12 years						9.45 - 10.45am 11.15 - 12.15pm 2.45 - 3.45pm 4.30 - 5.30pm	9.45 - 10.45am 11.15 - 12.15pm

Start them off bright & early  
A space where every child can explore  
their full potential at a young age, and  
have a ton of fun doing it!

The right place at the right time  
Originating from Los Angeles, USA, our  
award-winning programs, extensively  
trained staff, excellent  
student/teacher ratio, and state-of-  
the-art facilities have earned My Gym  
the reputation as the best early  
learning program of its kind.

Our programs and activities are  
designed to stimulate your kid's mind  
and body, and aid in building their  
physical, cognitive, and social skills -  
giving them a sound platform for their  
future, and instilling in them an "I can  
do it!" attitude.

**LOCATION:** Buona Vista: 6684 9220 | Great World: 6235 4070 | Jurong East: 6465 9205 | Marine Parade 6440 9916 | Punggol: 6787 1178 | Tampines: 6789 7061