

Nurturing essential mental, physical, emotional, and social development skills in children

1st mile development is our expertise

Website: www.mygym.com.sg | Facebook: www.facebook.com/ilovemygym | Instagram: @mygymSingapore



TAMPINES
6789 7061

	MON	TUES	WED	THURS	FRI	SAT	SUN
PARENT ASSISTED DEVELOPMENTAL PROGRAM							
LITTLE BUNDLES 3 mths – 7 mths							
YOUNG WADDLERS 8 mths – 13 mths		9:15 - 10:15 am				9:15 - 10:15 am	
WADDLERS 12 mths – 18 mths			2:30 - 3:30 pm			4:30 - 5:30 pm	10:00 - 11:00 am 2:15 - 3:15 pm
GYMSTERS 19 mths – 3 yrs			3:45 - 4:45 pm			10:30 - 11:30 am	8:45 - 9:45 am 11:15 - 12:15 am 4:45 - 5:45 pm
INDEPENDENT DEVELOPMENTAL PROGRAM							
TERRIFIC TOTS 3 yrs – 4 yrs			5:00 - 6:00 pm			12:00 - 1:00 pm 3:15 - 4:15 pm	3:30 - 4:30 pm
TOTS/ MITES 4 yrs – 5 yrs							12:30 - 1:30 pm
MITES/ WHIZ 5 yrs - 8 yrs							
FOR MEMBERS ONLY: Adult Assisted Gym Time							
PRACTICE & PLAY All ages	2:30 - 3:15 pm			4:15 - 5:00 pm			
PRESCHOOL_PREP PROGRAM							
PLAYGROUP 19 mths – 3.5 yrs	10:45 - 12:45 pm	10:45 - 12:45 pm	10:45 - 12:45 pm	10:45 - 12:45 pm	10:45 - 12:45 pm		
CREATIVE BUDDIES 3 yrs – 4.5 yrs							
MY GYM PARTIES							
For Kids aged 1 mth - 12 yrs							
WORLD ART PROGRAM							
TWOOSY DOODLERS 20 mths – 3 yrs						3:45 - 4:45 pm	
MINI DOODLERS 3 yrs – 5 yrs						2:30 - 3:30 pm	
DOODLERS 6 yrs – 12 yrs							

bright & early

Start them off bright & early
A space where every child can explore their full potential at a young age, and have a ton of fun doing it!

The right place at the right time
Originating from Los Angeles, USA, our award-winning programs, extensively trained staff, excellent student/teacher ratio, and state-of-the-art facilities have earned My Gym the reputation as the best early learning program of its kind.

Our programs and activities are designed to stimulate your kid's mind and body, and aid in building their physical, cognitive, and social skills - giving them a sound platform for their future, and instilling in them an "I can do it!" attitude.