

**BUONA
VISTA
6684 9220**

Nurturing essential mental, physical, emotional, and social development skills in children

1st mile development is our expertise

Website: www.mygym.com.sg | Facebook: www.facebook.com/ilovemygym | Instagram: @mygymsingapore



bright & early

	MON	TUES	WED	THURS	FRI	SAT	SUN
PARENT ASSISTED DEVELOPMENTAL PROGRAM							
TINY TYKES 7 mths – 11 mths			2.15pm – 3.15pm	9.15am – 10.15am			
WADDLERS 12 mths – 18 mths		9.15am – 10.15am	3.30pm – 4.30pm		2.30pm – 3.30pm	10.00am – 11.00am 4.15pm - 5.15pm	
GYMSTERS 19 mths – 3 yrs		10.30am – 11.30am			3.45pm – 4.45pm	8.45am – 9.45am 11.15am – 12.15pm 5.30pm – 6.30pm	
SPECIALLY-ABLED				5.00pm – 6.00pm		12.30pm – 1.30pm	
INDEPENDENT DEVELOPMENTAL PROGRAM							
MIGHTY MITES 3 yrs – 5 yrs					5.00pm – 6.00pm	3.00pm – 4.00pm	
WHIZ KIDS 5 yrs – 8 yrs			5.00pm – 6.00pm			1.45pm – 2.45pm	
CARDIO KIDS 8 yrs – 13 yrs		5.00pm – 6.00pm					
FOR MEMBERS ONLY: Adult Assisted Gym Time							
PRACTICE & PLAY All ages		4.00pm – 4.45pm		2.15pm – 3.00pm			
PRESCHOOL_PREP PROGRAM							
PLAYGROUP 18 mths – 3.5 yrs	10.00am – 12.00pm	10.00am – 12.00pm	10.00am – 12.00pm	10.00am – 12.00pm	10.00am – 12.00pm		
CREATIVE BUDDIES 3 yrs – 4.5 yrs	9.00am – 12.00pm	9.00am – 12.00pm	9.00am – 12.00pm	9.00am – 12.00pm	9.00am – 12.00pm		
MY GYM PARTIES							
For Kids aged 1 mth - 12 yrs						7.00pm – 8.30pm	
WORLD ART PROGRAM							
TWOOSY DOODLERS 20 mths – 3 yrs							
MINI DOODLERS 3 yrs – 5 yrs							
DOODLERS 6 yrs – 12 yrs							

Start them off bright & early
A space where every child can explore their full potential at a young age, and have a ton of fun doing it!

The right place at the right time
Originating from Los Angeles, USA, our award-winning programs, extensively trained staff, excellent student/teacher ratio, and state-of-the-art facilities have earned My Gym the reputation as the best early learning program of its kind.

Our programs and activities are designed to stimulate your kid's mind and body, and aid in building their physical, cognitive, and social skills - giving them a sound platform for their future, and instilling in them an "I can do it!" attitude.

LOCATION: Buona Vista: 6684 9220 | Great World: 6235 4070 | Jurong East: 6465 9205 | Marine Parade 6440 9916 | Punggol: 6787 1178 | Tampines: 6789 7061