

**Marine
Parade
6440-9916**

Nurturing essential mental, physical, emotional, and social development skills in children

1st mile development is our expertise

Website: www.mygym.com.sg | Facebook: www.facebook.com/ilovemygym | Instagram: @mygymsingapore



bright & early

	MON	TUES	WED	THURS	FRI	SAT	SUN
PARENT ASSISTED DEVELOPMENTAL PROGRAM							
LITTLE BUNDLES 3 mths – 7 mths			1.30-2.15pm				
YOUNG WADDLERS 8 mths – 13 mths		*11.00-12.00 pm	4.30-5.30 pm			12.00-1.00pm	1.30-2.30 pm
WADDLERS 12 mths – 18 mths	8.30-9.30 am 10.00-11.00 am	*11.00-12.00 pm	11.00-12.00pm		9.15-10.15am	10.30 -11.30am 3.00 - 4.00pm	9.00-10.00am 4.30-5.30 pm
GYMSTERS 19 mths – 3 yrs	11.30-12.30 pm	*12.30-1.30 pm	9.15-10.15am 3.00-4.00pm		5.00-6.00pm	9.00 -10.00am 4.30 -5.30pm	10.30-11.30am
INDEPENDENT DEVELOPMENTAL PROGRAM							
TERRIFIC TOTS 3 yrs – 4 yrs					3.30-4.30pm	1.30-2.30pm	12.00-1.00pm
MITES/ WHIZ 5 yrs – 8 yrs							3.00-4.00 pm
CARDIO KIDS 8 yrs-12 yrs							
FOR MEMBERS ONLY: Adult Assisted Gym Time							
PRACTICE & PLAY All ages				12.00 - 12.45pm	2.15-3.00pm		
PRESCHOOL_PREP PROGRAM							
PLAYGROUP 19 mths – 3.5 yrs		8.30-10.30 am	8.30-10.30am 10.45-12.45pm	8.30-10.30 am	8.30-10.30am 10.45-12.45pm		
CREATIVE BUDDIES 3 yrs – 4.5 yrs							
MY GYM PARTIES							
For Kids aged 1 mth - 12 yrs	1.30 - 3.30pm					6.00-8.00pm	6.00-8.00pm
WORLD ART PROGRAM							
TWOOSY DOODLERS 20 mths – 3 yrs							
MINI DOODLERS 3 yrs – 5 yrs							
DOODLERS 6 yrs – 12 yrs							

Start them off bright & early
A space where every child can explore their full potential at a young age, and have a ton of fun doing it!

The right place at the right time
Originating from Los Angeles, USA, our award-winning programs, extensively trained staff, excellent student/teacher ratio, and state-of-the-art facilities have earned My Gym the reputation as the best early learning program of its kind.

Our programs and activities are designed to stimulate your kid's mind and body, and aid in building their physical, cognitive, and social skills - giving them a sound platform for their future, and instilling in them an "I can do it!" attitude.

LOCATION: Buona Vista: 6684 9220 | City Square Mall: 6238 9828 | Great World: 6235 4070 | Jurong East: 6465 9205 | Marine Parade 6440 9916 | Punggol: 6787 1178 | Tampines: 6789 7061