



PROGRAM DATES	MON	TUES	WED	THURS	FRI	SAT	SUN
MY GYM Parent Assisted Developmental Program							
TINY TYKES 7 mths – 11 mths						9.00-10.00 am	
YOUNG WADDLERS 8 mths – 13 mths		9.15-10.15 am		9.15-10.15 am			
WADDLERS 12 mths – 18 mths					4.00-5.00 pm	10.15-11.15am	11.15-12.15 pm 2.00-3.00 pm
GYMSTERS 19 mths – 3 yrs	4.00-5.00	10.30.-11.30 am	4.00-5.00 pm	10.30-11.30 am		11.15-12.15 pm	9.00-10.00 am 4.00-5.00 pm
MY GYM Independent Developmental Program							
TERRIFIC TOTS 3 yrs – 4 yrs						12.15-1.15 pm	3.00-4.00 pm
MITES/ WHIZ 5 yrs – 8 yrs					5.00-6.00 pm		10.15-11.15 am 12.15-1.15 pm
Special Needs 3 yrs – 8 yrs							
FOR MEMBERS ONLY: Parent Assisted Open Gym							
Open Gym 7 mths – 3 yrs	5.00-6.00 pm		5.00-6.00 pm				1.15-2.00 pm
Preschool Prep Program							
PLAYGROUP 19 mths – 3.5 yrs	8.30-10.30am 10.45-12.45pm 2.00-4.00pm	8.30 -10.30am 10.45 -12.45pm	8.30-10.30am 10.45-12.45pm 2.00-4.00pm	8.30-10.30am 10.45-12.45pm	8.30-10.30am 10.45-12.45pm 2.00-4.00pm		
CREATIVE BUDDIES 3 yrs – 4.5 yrs	9.00-12.00pm 2.30-5.30pm	9.00-12.00 pm	9.00-12.00pm 2.30-5.30pm	9.00-12.00 pm	9.00-12.00pm 2.30-5.30pm		
MY GYM Birthday Party/ Baby Shower							
For Kids aged 1 mth - 12 yrs						5.30-7.30 pm	
World Art Program							
TWOOSY DOODLERS 20 mths – 3 yrs						10.15-11.15 am	
MINI DOODLERS 3 yrs – 5 yrs						9.15-10.15am 11.15-12.15pm	
DOODLERS 6 yrs – 12 yrs							
World Art Party							
For Kids aged 20 mths – 12 yrs							
For Adults							

Since 1983
Children's Development
Centre founded in Los
Angeles, USA

- Recognition:
- Promising Franchise of the Year by the Franchising and Licensing Association Singapore
 - Best of the Best Gym by Parents World Magazine in 5 consecutive years
 - Best Kids Enrichment & Developmental Play
 - Parenting Award – Mymo's Adventures Children's Home Entertainment
 - Gold Camera Award – My Home Gym TV Series on Baby First TV
 - Parent's Choice Award by the Parent's Choice Foundation

Worldwide Locations:
Australia • Bahrain • Brazil • Canada • Chile • China • France • HK • India • Indonesia • Jamaica • Japan • Kuwait • Latvia • Lebanon • Netherlands • Oman • Panama • Qatar • Saudi Arabia • Singapore • South Korea • Taiwan • Thailand • Tunisia • Turkey • Ukraine • UAE • UK • USA • Vietnam