



**Punggol**  
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#1 Children's Developmental Program with locations in over 30 countries worldwide  
Website: www.mygym.com.sg | Facebook: www.facebook.com/ilovemygym | Instagram: @mygymsingapore

PROGRAM DATES	MON	TUES	WED	THURS	FRI	SAT	SUN
<b>MY GYM Parent Assisted Developmental Program</b>							
TINY TYKES / YOUNG WADDLERS 7 mths – 15 mths			5.00pm – 6.00pm	4.00pm – 5.00pm	2.00pm – 3.00pm	9.00am – 10.00am	2.00pm – 3.00pm
WADDLERS 12 mths – 18 mths				2.00pm – 3.00pm	9.30am – 10.30am	10.00am – 11.00am 3.00pm – 4.00pm	9.00am – 10.00am 4.00pm – 5.00pm
GYMSTERS 19 mths – 3 yrs			9.30am – 10.30am 4.00pm – 5.00pm	9.30am – 10.30am 3.00pm – 4.00pm	4.00pm - 5.00pm	11.00am – 12.00pm 2.00pm – 3.00pm 5.00pm – 6.00pm	10.00am – 11.00am 11.00pm – 12.00pm 12.00pm – 1.00pm 5.00pm – 6.00pm
<b>MY GYM Independent Developmental Program</b>							
TERRIFIC TOTS 3 yrs – 5 yrs				5.00pm – 6.00pm	5.00pm – 6.00pm	12.00pm – 1.00pm	3.00pm – 4.00pm
MITES/ WHIZ 5 yrs – 7 yrs					6.00pm – 7.00pm	4.00pm – 5.00pm	
<b>FOR MEMBERS ONLY: Parent Assisted Open Gym</b>							
Open Gym 19 mths – 7 yrs			2.00pm – 3.00pm	6.00pm – 7.00pm	1.00pm – 2.00pm	1.00pm – 2.00pm	1.00pm – 2.00pm
<b>Preschool Prep Program</b>							
PLAYGROUP 19 mths – 3.5 yrs		8.30am – 10.30am 10.45am – 12.45pm	8.30am – 10.30am 10.45am – 12.45pm	8.30am – 10.30am 10.45am – 12.45pm	8.30am – 10.30am 10.45am – 12.45pm		
CREATIVE BUDDIES 3 yrs – 4.5 yrs		9.00am - 12.00pm	9.00am - 12.00pm	9.00am - 12.00pm			
<b>My Gym Birthday Party/ Baby Shower</b>							
For Kids aged 1 mth - 12 yrs							
<b>World Art Program</b>							
TWOOSY DOODLERS 20 mths – 3 yrs						9.45am – 10.45am 3.15pm – 4.15pm	9.45am – 10.45am 11.00am – 12.00pm 3.00pm – 4.00pm
MINI DOODLERS 3 yrs – 5 yrs						11.00am – 12.00pm 2.00pm – 3.00pm	1.45pm – 2.45pm
DOODLERS 6 yrs – 12 yrs							
<b>World Art Party</b>							
For Kids aged 20 mths – 12 yrs							
For Adults							

Since 1983  
Children's Development  
Centre founded in Los  
Angeles, USA

Recognition:  
• Promising Franchise of the  
Year by the Franchising and  
Licensing Association  
Singapore

• Best of the Best Gym by  
Parents World Magazine in 5  
consecutive years

• Best Kids Enrichment &  
Developmental Play

• Parenting Award – Mymo's  
Adventures Children's Home  
Entertainment

• Gold Camera Award – My  
Home Gym TV Series on  
Baby First TV

• Parent's Choice Award by  
the Parent's Choice  
Foundation

Worldwide Locations:  
Australia • Bahrain • Brazil •  
Canada • Chile • China •  
France • HK • India •  
Indonesia • Jamaica • Japan  
• Kuwait • Latvia • Lebanon •  
Netherlands • Oman •  
Panama • Qatar • Saudi  
Arabia • Singapore • South  
Korea • Taiwan • Thailand •  
Tunisia • Turkey • Ukraine •  
UAE • UK • USA • Vietnam