



PROGRAM DATES	MON	TUES	WED	THURS	FRI	SAT	SUN
<b>MY GYM Parent Assisted Developmental Program</b>							
TINY TYKES 7 mths – 11 mths						3.00pm - 4.00pm	2.00pm - 3.00pm
YOUNG WADDLERS 8 mths – 13 mths			9.30am - 10.30am		3.00pm-4.00pm		
WADDLERS 12 mths – 18 mths			10.45am - 11.45am	3.00pm - 4.00pm	9.30am - 10.30am	10.15am - 11.15am 2.00pm - 3.00pm	9.00am - 10.00am
GYMSTERS 19 mths – 3 yrs	10.00am - 11.00am 11.15am - 12.15pm		4.00pm - 5.00pm	4.00pm - 5.00pm	5.00pm-6.00pm	9.00am - 10.00am 11.15am - 12.15pm 4.00pm - 5.00pm	10.15am - 11.15am <b>**12.15pm - 1.15pm</b>
<b>MY GYM Independent Developmental Program</b>							
TERRIFIC TOTS 3 yrs – 4 yrs					4.00pm - 5.00pm	12.15pm - 1.15pm	11.15am - 12.15pm
CARDIO KIDS 8 yrs - 12 yrs			5.00pm - 6.00pm				
MITES/ WHIZ 5 yrs – 8 yrs							3.00pm - 4.00pm
<b>FOR MEMBERS ONLY: Parent Assisted Open Gym</b>							
Open Gym 7 mths – 3 yrs	12.15pm-1.15pm		3.00pm - 4.00pm	5.00pm - 6.00pm		1.15pm - 2.00pm	1.15pm - 2.00pm
<b>Preschool Prep Program</b>							
PLAYGROUP 19 mths – 3.5 yrs		8.30am - 10.30am 10.45am - 12.45pm	10.45am - 12.45pm	8.30am - 10.30am 10.45am - 12.45pm	10.45am -12.45pm		
CREATIVE BUDDIES 3 yrs – 4.5 yrs	9.00am - 12.00pm		9.00am - 12.00pm		9.00am - 12.00pm		
<b>MY GYM Birthday Party/ Baby Shower</b>							
For Kids aged 1 mth - 12 yrs						5.30pm - 7.30pm	4.30pm - 6.30pm 5.30pm - 7.30pm
<b>World Art Program</b>							
TWOOSY DOODLERS 20 mths – 3 yrs						10.15am - 11.15am	
MINI DOODLERS 3 yrs – 5 yrs					<b>**4.00pm - 5.00pm</b> <b>**5.00pm - 6.00pm</b>	11.15am - 12.15pm	
DOODLERS 6 yrs – 12 yrs							
<b>World Art Party</b>							
For Kids aged 20 mths – 12 yrs							
For Adults							

Since 1983  
Children's Developmental  
Centre founded in Los  
Angeles, USA

- Recognition:
- Promising Franchise of the Year by the Franchising and Licensing Association Singapore
  - Best of the Best Gym by Parents World Magazine in 5 consecutive years
  - Best Kids Enrichment & Developmental Play
  - Parenting Award – Mymo's Adventures Children's Home Entertainment
  - Gold Camera Award – My Home Gym TV Series on Baby First TV
  - Parent's Choice Award by the Parent's Choice Foundation

- Worldwide Locations:
- Australia • Bahrain • Brazil • Canada • Chile • China • France • HK • India • Indonesia • Jamaica • Japan • Kuwait • Latvia • Lebanon • Netherlands • Oman • Panama • Qatar • Saudi Arabia • Singapore • South Korea • Taiwan • Thailand • Tunisia • Turkey • Ukraine • UAE • UK • USA • Vietnam