



PROGRAM DATES	MON	TUES	WED	THURS	FRI	SAT	SUN
MY GYM Parent Assisted Developmental Program							
TINY TYKES/ YOUNG WADDLERS 7 mths – 15 mths	9.30am - 10.30am		5.00pm - 6.00pm	4.00pm - 5.00pm	2.00pm - 3.00pm	9.00am - 10.00am	2.00pm - 3.00pm
WADDLERS 12 mths – 18 mths				2.00pm - 3.00pm	9.30am - 10.30am	10.00am - 11.00am 3.00pm - 4.00pm	9.00am - 10.00am 4.00pm - 5.00pm
GYMSTERS 19 mths – 3 yrs	10.30am - 11.30am		9.30am - 10.30am 4.00pm - 5.00pm	9.30am - 10.30am 3.00pm - 4.00pm	4.00pm - 5.00pm	11.00am - 12.00pm 2.00am - 3.00pm 5.00pm - 6.00pm	10.00am - 11.00am 11.00am - 12.00pm 12.00pm - 1.00pm 5.00pm - 6.00pm
MY GYM Independent Developmental Program							
TERRIFIC TOTS 3 yrs – 4 yrs				5.00pm - 6.00pm	5.00pm - 6.00pm	12.00pm - 1.00pm	3.00pm - 4.00pm
MITES/ WHIZ 5 yrs – 8 yrs					6.00pm - 7.00pm	4.00pm - 5.00pm	
Special Needs 3 yrs – 8 yrs							
FOR MEMBERS ONLY: Parent Assisted Open Gym							
Open Gym 19 mths – 3 yrs			2.00pm - 3.00pm	6.00pm - 7.00pm	1.00pm - 2.00pm	1.00pm - 2.00pm	1.00pm - 2.00pm
Preschool Prep Program							
PLAYGROUP 19 mths – 3.5 yrs		8.30am - 10.30am 10.45pm - 12.45pm	8.30am - 10.30pm 10.45am - 12.45pm 3.00pm - 5.00pm	8.30am - 10.30am 10.45pm - 12.45pm	8.30am - 10.30pm 10.45am - 12.45pm 3.00pm - 5.00pm		
CREATIVE BUDDIES 3 yrs – 4.5 yrs		9.00am - 12.00pm	9.00am - 12.00pm	9.00am - 12.00pm			
My Gym Birthday Party/ Baby Shower							
For Kids aged 1 mth - 12 yrs							
World Art Program							
TWOOSY DOODLERS 20 mths – 3 yrs						9.45am - 10.45am 3.15pm - 4.15pm	9.45am - 10.45am 11.00am - 12.00pm 3.00pm - 4.00pm
MINI DOODLERS 3 yrs – 5 yrs						11.00am - 12.00pm 2.00pm - 3.00pm	1.45pm - 2.45pm
DOODLERS 6 yrs – 12 yrs							
World Art Party							
For Kids aged 20 mths – 12 yrs							
For Adults							

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Children's Development Centre
founded in Los Angeles, USA

Recognition:
• Promising Franchise of the Year
by the Franchising and Licensing
Association Singapore

• Best of the Best Gym by Parents
World Magazine in 5 consecutive
years

• Best Kids Enrichment &
Developmental Play
• Parenting Award – Myrmo's
Adventures Children's Home
Entertainment

• Gold Camera Award – My Home
Gym TV Series on Baby First TV
• Parent's Choice Award by the
Parent's Choice Foundation

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