



| PROGRAM DATES | MON | TUES | WED | THURS | FRI | SAT | SUN |
|---|--|---------------------------------|--|-------------------------------|--|--|---------------------------------|
| MY GYM Parent Assisted Developmental Program | | | | | | | |
| TINY TYKES 7 mths – 11 mths | | | | | | 9.00-10.00 am | |
| YOUNG WADDLERS 8 mths – 13 mths | | 9.15-10.15 am | | 9.15-10.15 am | | 2.00-3.00pm | |
| WADDLERS 12 mths – 18 mths | | | | | 4.00-5.00 pm | 10.15-11.15am | 11.15-12.15 pm 2.00-3.00 pm |
| GYMSTERS 19 mths – 3 yrs | 4.00-5.00 | 10.30.-11.30 am | 4.00-5.00 pm | 10.30-11.30 am | | 11.15-12.15 pm 4.00-5.00pm | 9.00-10.00 am 4.00-5.00 pm |
| MY GYM Independent Developmental Program | | | | | | | |
| TERRIFIC TOTS 3 yrs – 4 yrs | | | 5.00-6.00 pm | | | 12.15-1.15 pm | 3.00-4.00 pm |
| MITES/ WHIZ 5 yrs – 8 yrs | | | | | 6.00-7.00 | | 10.15-11.15 am 12.15-1.15 pm |
| Special Needs 3 yrs – 8 yrs | | | | | | 3.00-4.00 pm | |
| FOR MEMBERS ONLY: Parent Assisted Open Gym | | | | | | | |
| Open Gym 7 mths – 3 yrs | | | | 4.00-5.00 pm | 5.00-6.00 pm | 1.15-2.00 pm | 1.15-2.00 pm |
| Preschool Prep Program | | | | | | | |
| PLAYGROUP 19 mths – 3.5 yrs | 8.30-10.30am 10.45-12.45pm 2.00-4.00pm | 8.30 -10.30am 10.45 -12.45pm | 8.30-10.30am 10.45-12.45pm 2.00-4.00pm | 8.30-10.30am 10.45-12.45pm | 8.30-10.30am 10.45-12.45pm 2.00-4.00pm | | |
| CREATIVE BUDDIES 3 yrs – 4.5 yrs | 9.00-12.00pm 2.30-5.30pm | 9.00-12.00 pm | 9.00-12.00pm 2.30-5.30pm | 9.00-12.00 pm | 9.00-12.00pm 2.30-5.30pm | | |
| My Gym Birthday Party/ Baby Shower | | | | | | | |
| For Kids aged 1 mth - 12 yrs | | | | | | 5.30-7.30 pm | |
| World Art Program | | | | | | | |
| TWOOSY DOODLERS 20 mths – 3 yrs | | | | | | 10.15-11.15 am | |
| MINI DOODLERS 3 yrs – 5 yrs | | | | | | 9.15-10.15am 11.15-12.15pm 3.00-4.00pm | |
| DOODLERS 6 yrs – 12 yrs | | | | | | | |
| World Art Party | | | | | | | |
| For Kids aged 20 mths – 12 yrs | | | | | | | |
| For Adults | | | | | | | |

Since 1983
Children's Development Centre
founded in Los Angeles, USA

- Recognition:
- Promising Franchise of the Year by the Franchising and Licensing Association Singapore
 - Best of the Best Gym by Parents World Magazine in 5 consecutive years
 - Best Kids Enrichment & Developmental Play
 - Parenting Award – Mymo's Adventures Children's Home Entertainment
 - Gold Camera Award – My Home Gym TV Series on Baby First TV
 - Parent's Choice Award by the Parent's Choice Foundation

- Worldwide Locations:
- Australia • Bahrain • Brazil • Canada • Chile • China • France • HK • India • Indonesia • Jamaica • Japan • Kuwait • Latvia • Lebanon • Netherlands • Oman • Panama • Qatar • Saudi Arabia • Singapore • South Korea • Taiwan • Thailand • Tunisia • Turkey • Ukraine • UAE • UK • USA • Vietnam