



PROGRAM DATES	MON	TUES	WED	THURS	FRI	SAT	SUN
MY GYM Adult Assisted Developmental Program							
TINY TYKES 7 mths – 11 mths							
YOUNG WADDLERS 8 mths – 13 mths	3.00pm - 4.00pm		9.30am - 10.30am			3.00pm - 4.00pm	2.00pm - 3.00pm
WADDLERS 12 mths – 18 mths	4.00pm - 5.00pm		10.45am - 11.45am	3.00pm - 4.00pm	9.30am - 10.30am	10.15am - 11.15am 2.00pm - 3.00pm	9.00am - 10.00am
GYMSTERS 19 mths – 3 yrs	10.00am - 11.00am 11.15am - 12.15pm		4.00pm - 5.00pm	4.00pm - 5.00pm	**3.00pm - 4.00pm **5.00pm - 6.00pm	9.00am - 10.00am 11.15am - 12.15pm 4.00pm - 5.00pm	10.15am - 11.15am **12.15pm - 1.15pm
MY GYM Independent Developmental Program							
TERRIFIC TOTS 3 yrs – 4 yrs					4.00pm - 5.00pm	12.15pm - 1.15pm	11.15am - 12.15pm
CARDIO KIDS 8 yrs - 12 yrs			5.00pm - 6.00pm				
MITES/ WHIZ 5 yrs – 8 yrs							3.00pm - 4.00pm
Special Needs 3 yrs – 8 yrs							
FOR MEMBERS ONLY: Adult Assisted Open Gym							
Open Gym 7 mths – 3 yrs	5.00 - 6.00pm		3.00pm - 4.00pm	5.00pm - 6.00pm		1.15pm - 2.00pm	1.15pm - 2.00pm
Preschool Prep Program							
PLAYGROUP 19 mths – 3.5 yrs		8.30am - 10.30am 10.45am - 12.45pm	10.45am - 12.45pm	8.30am - 10.30am 10.45am - 12.45pm	10.45am - 12.45pm		
CREATIVE BUDDIES 3 yrs – 4.5 yrs	9.00am - 12.00pm		9.00am - 12.00pm		9.00am - 12.00pm		
My Gym Birthday Party/ Baby Shower							
For Kids aged 1 mth - 12 yrs						5.30pm - 7.30pm	4.30pm - 6.30pm 5.30pm - 7.30pm
World Art Program							
TWOOSY DOODLERS 20 mths – 3 yrs						10.15am - 11.15am	
MINI DOODLERS 3 yrs – 5 yrs					**4.00pm - 5.00pm **5.00pm - 6.00pm	11.15am - 12.15pm	
DOODLERS 6 yrs – 12 yrs							
World Art Party							
For Kids aged 20 mths – 12 yrs							
For Adults							

Since 1983
Children's Developmental Center
founded in Los Angeles, USA

- Recognition:
- Promising Franchise of the Year by the Franchising and Licensing Association Singapore
 - Best of the Best Gym by Parents World Magazine in 5 consecutive years
 - Best Kids Enrichment & Developmental Play
 - Parenting Award – Mymo's Adventures Children's Home Entertainment
 - Gold Camera Award – My Home Gym TV Series on Baby First TV
 - Parent's Choice Award by the Parent's Choice Foundation

Worldwide Locations:

Australia • Bahrain • Brazil • Canada • Chile • China • France • HK • India • Indonesia • Jamaica • Japan • Kuwait • Latvia • Lebanon • Netherlands • Oman • Panama • Qatar • Saudi Arabia • Singapore • South Korea • Taiwan • Thailand • Tunisia • Turkey • Ukraine • UAE • UK • USA • Vietnam