



PROGRAM DATES	MON	TUES	WED	THURS	FRI	SAT	SUN
MY GYM Adult Assisted Developmental Program							
TINY TYKES 4 mths – 11 mths		3.00PM ~ 4.00PM				12.15PM ~ 1.15PM	
WADDLERS 12 mths – 18 mths		9.15AM ~ 10.15AM		3.00PM ~ 4.00PM		10.15AM ~ 11.15AM 4.00PM ~ 5.00PM	9.15AM ~ 10.15AM
GYMSTERS 19 mths – 3 yrs	9.15AM ~ 10.15AM		3.00PM ~ 4.00PM	9.15AM ~ 10.15AM	9.15AM ~ 10.15AM 4.00PM ~ 5.00PM	9.15AM ~ 10.15AM 11.15AM ~ 12.15PM	10.15AM ~ 11.15AM
SPECIAL NEEDS		4.00PM ~ 5.00PM	9.15AM ~ 10.15PM		3.00PM ~ 4.00PM		1.00PM ~ 2.00PM 2.00PM ~ 3.00PM
MY GYM Independent Developmental Program							
MIGHTY MITES 3 yrs – 5 yrs		5.00PM ~ 6.00PM			5.00PM ~ 6.00PM	3.00PM ~ 4.00PM	11.15AM ~ 12.15PM
WHIZ KIDS 5 yrs – 8 yrs			5.00PM ~ 6.00PM			2.00PM ~ 3.00PM	
CARDIO KIDS 8 yrs – 13 yrs				5.00PM ~ 6.00PM			
FOR MEMBERS ONLY: Adult Assisted Open Gym							
OPEN GYM			4.00PM ~ 5.00PM	4.00PM ~ 5.00PM	2.00PM ~ 3.00PM	1.15PM ~ 2PM	12.15PM ~ 1PM
Preschool Prep Program							
PLAYGROUP 19 mths – 3.5 yrs	10.30AM ~ 12.30PM	10.30AM ~ 12.30PM	10.30AM ~ 12.30PM	10.30AM ~ 12.30PM	10.30AM ~ 12.30PM		
CREATIVE BUDDIES 3 yrs – 4.5 yrs	9.30AM ~ 12.30PM	9.30AM ~ 12.30PM	9.30AM ~ 12.30PM	9.30AM ~ 12.30PM	9.30AM ~ 12.30PM		
My Gym Birthday Party/ Baby Shower							
For Kids aged 1 mth - 12 yrs						5.30PM ~ 7.30PM	3.30PM ~ 5.30PM
World Art Program							
TWOOSY DOODLERS 20 mths – 3 yrs							
MINI DOODLERS 3 yrs – 5 yrs							
DOODLERS 6 yrs – 12 yrs							
World Art Party							
For Kids aged 20 mths – 12 yrs							
For Adults							

Since 1983
Children's Development Centre
founded in Los Angeles, USA

- Recognition:
- Promising Franchise of the Year by the Franchising and Licensing Association Singapore
 - Best of the Best Gym by Parents World Magazine in 5 consecutive years
 - Best Kids Enrichment & Developmental Play
 - Parenting Award – Mymo's Adventures Children's Home Entertainment
 - Gold Camera Award – My Home Gym TV Series on Baby First TV
 - Parent's Choice Award by the Parent's Choice Foundation

- Worldwide Locations:
- Australia • Bahrain • Brazil • Canada • Chile • China • France • HK • India • Indonesia • Jamaica • Japan • Kuwait • Latvia • Lebanon • Netherlands • Oman • Panama • Qatar • Saudi Arabia • Singapore • South Korea • Taiwan • Thailand • Tunisia • Turkey • Ukraine • UAE • UK • USA • Vietnam